

Today's Date:.....

Petersfield Medical Practice

NEW PATIENT QUESTIONNAIRE

| | | | | |
|-------------------------------|--|--|---|---------------------------------|
| Full Name | | | Title | |
| Emergency Contact | | | | |
| 1st Language | | | | |
| Occupation | | | | |
| Height | | Date of Birth | | |
| Weight | | Sex | Male <input type="checkbox"/> | Female <input type="checkbox"/> |
| Ethnic Group (please tick) | White: <input type="checkbox"/> British <input type="checkbox"/> Irish <input type="checkbox"/> Other (please specify)..... | Mixed: <input type="checkbox"/> White and Black Caribbean <input type="checkbox"/> White and Black African <input type="checkbox"/> White and Asian <input type="checkbox"/> Other (please specify)..... | Black or Black British: <input type="checkbox"/> Caribbean <input type="checkbox"/> African <input type="checkbox"/> Other (please specify)..... | |
| | Asian or Asian British: <input type="checkbox"/> Indian <input type="checkbox"/> Pakistani <input type="checkbox"/> Bangladeshi <input type="checkbox"/> Other (please specify)..... | Chinese: <input type="checkbox"/> Chinese <input type="checkbox"/> Other (please specify)..... | Other Ethnic Group: <input type="checkbox"/> Please specify:..... <input type="checkbox"/> Do not wish to disclose | |

Smoking

| | |
|---------------|---|
| Do you smoke? | <input type="checkbox"/> Never smoked <input type="checkbox"/> Light Ex-smoker <input type="checkbox"/> Moderate Ex-smoker <input type="checkbox"/> Heavy Ex-smoker If ex-smoker, when did you stop smoking?..... <input type="checkbox"/> Yes How much do you smoke per day? Would you like to receive stop smoking advice? |
|---------------|---|

Alcohol

Tick the boxes that apply to you and add up the points to find your total.

| | |
|--|--|
| How often do you have a drink that contains alcohol? | <input type="checkbox"/> Never (0 points) <input type="checkbox"/> Monthly or less (1 point) <input type="checkbox"/> 2 – 4 times per month (2 points) <input type="checkbox"/> 2 – 4 times per week (3 points) <input type="checkbox"/> 4 + times per week (4 points) |
| How many standard alcoholic drinks do you have on a typical day when you are drinking? | <input type="checkbox"/> 1 – 2 (0 points) <input type="checkbox"/> 3 – 4 (1 point) <input type="checkbox"/> 5 – 6 (2 points) <input type="checkbox"/> 7 – 9 (3 points) <input type="checkbox"/> 10 + (4 points) |
| How often do you have 6 or more standard drinks on one occasion? | <input type="checkbox"/> Never (0 points) <input type="checkbox"/> Monthly or less (1 point) <input type="checkbox"/> 2 – 4 times per month (2 points) <input type="checkbox"/> 2 – 4 times per week (3 points) <input type="checkbox"/> 4 + times per week (4 points) |
| Total Score* | points |

***If you score 5 or more, please complete the questionnaire over the page**

Do you (or an immediate member of your family) suffer from any of the following conditions?

| | Yes | No | Family Member (please specify) |
|---|-----|----|--------------------------------|
| Asthma | | | |
| Diabetes | | | |
| Heart Disease | | | |
| Stroke / Mini Stroke / Transient Ischaemic Attack (TIA) | | | |
| Any other serious illness / problem (please specify): | | | |

Please list any repeat medication you are taking:*

Please list any allergies you have:

**If you are prescribed the oral contraceptive pill, you should make an appointment with the practice nurse for a pill-check before your next prescription is due.*

NEW PATIENT QUESTIONNAIRE

AUDIT

| Questions | Scoring system | | | | | Your score |
|--|----------------|-------------------|-------------------------------|----------------------|---------------------------|------------|
| | 0 | 1 | 2 | 3 | 4 | |
| How often do you have a drink containing alcohol? | Never | Monthly or less | 2 - 4 times per month | 2 - 3 times per week | 4+ times per week | |
| How many units of alcohol do you drink on a typical day when you are drinking? | 1 - 2 | 3 - 4 | 5 - 6 | 7 - 9 | 10+ | |
| How often have you had 6 or more units if female, or 8 or more if male, on a single occasion in the last year? | Never | Less than monthly | Monthly | Weekly | Daily or almost daily | |
| How often during the last year have you found that you were not able to stop drinking once you had started? | Never | Less than monthly | Monthly | Weekly | Daily or almost daily | |
| How often during the last year have you failed to do what was normally expected from you because of your drinking? | Never | Less than monthly | Monthly | Weekly | Daily or almost daily | |
| How often during the last year have you needed an alcoholic drink in the morning to get yourself going after a heavy drinking session? | Never | Less than monthly | Monthly | Weekly | Daily or almost daily | |
| How often during the last year have you had a feeling of guilt or remorse after drinking? | Never | Less than monthly | Monthly | Weekly | Daily or almost daily | |
| How often during the last year have you been unable to remember what happened the night before because you had been drinking? | Never | Less than monthly | Monthly | Weekly | Daily or almost daily | |
| Have you or somebody else been injured as a result of your drinking? | No | | Yes, but not in the last year | | Yes, during the last year | |
| Has a relative or friend, doctor or other health worker been concerned about your drinking or suggested that you cut down? | No | | Yes, but not in the last year | | Yes, during the last year | |

Scoring: 0 – 7 Lower risk, 8 – 15 Increasing risk, 16 – 19 Higher risk, 20+ Possible dependence

